

Here's a **complete self-study lesson for teens on Identity in Christ** with Scripture, reflections, activities, puzzles, and a crossword.

LESSON: IDENTITY IN CHRIST (For Teens)

Key Verse

“Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new is here!” — 2 Corinthians 5:17

PART 1: WHAT IS IDENTITY?

Reading

Your identity is who you believe you are. Many teens define themselves by:

- Friends' opinions
- Social media
- Mistakes or past failures
- Appearance or achievements

But God says your identity is not based on those things — it is based on **who you are in Christ**.

Reflection Questions

1. What are some things people use to define themselves today?
 2. Have you ever felt pressure to be someone you're not?
 3. Where do you usually get your sense of worth?
-

Activity

Write 5 words that describe how you see yourself.
Now compare them with what God says about you (next section).

□ PART 2: WHO YOU ARE IN CHRIST

□ Bible Truths

If you are in Christ, you are:

- **Loved** — John 3:16
 - **Chosen** — 1 Peter 2:9
 - **Forgiven** — Colossians 1:13-14
 - **God's child** — John 1:12
 - **New creation** — 2 Corinthians 5:17
 - **Not condemned** — Romans 8:1
 - **Strong in Him** — Philippians 4:13
-

🔍 □ Reflection Questions

1. Which of these truths is hardest for you to believe?
 2. Why do you think it's sometimes difficult to accept God's view of us?
 3. How would your life change if you truly believed these truths?
-

🗣️ □ Activity: Identity Declaration

Write your own statement:

🗣️ “In Christ, I am _____, _____, and _____.”

Repeat it every morning for 7 days.

□ PART 3: FALSE IDENTITY VS TRUE IDENTITY

□ Reading

The enemy tries to lie to you:

- “You are not good enough”
- “You are your mistakes”
- “Nobody cares about you”

But God says:

- “You are fearfully and wonderfully made” (Psalm 139:14)
-

Exercise

Fill in the table:

Lies I Believe	God's Truth
I am not worthy	I am chosen (1 Peter 2:9)

PART 4: LIVING OUT YOUR IDENTITY

Reading

Knowing your identity is not enough — you must live it out.

If you are:

- Loved → Show love to others
 - Forgiven → Forgive others
 - Chosen → Live differently
-

Reflection Questions

1. How should your behavior change if you belong to Christ?
 2. What is one habit you need to change to reflect your identity?
-

Activity

Choose one:

- Encourage a friend
- Forgive someone
- Pray for someone

Write what you did and how it felt.

WORD SEARCH (Find these words)

Words:

IDENTITY, CHRIST, LOVED, CHOSEN, FORGIVEN, NEW, FAITH, CHILD, TRUTH

I D E N T I T Y X
C H R I S T L O V
E D F A I T H X X
C H O S E N X X X
F O R G I V E N X
N E W X X X X X
C H I L D X X X X
T R U T H X X X X

CROSSWORD PUZZLE

Across

1. You are a new _____ in Christ (2 Cor 5:17)
2. God calls you His _____ (John 1:12)
3. You are deeply _____ (John 3:16)

Down

2. You are _____ by God (1 Peter 2:9)
 3. You are _____ (Colossians 1:14)
-

Answers

Across:

1. CREATION
2. CHILD
3. LOVED

Down:

2. CHOSEN
 4. FORGIVEN
-

FINAL PERSONAL CHALLENGE

For the next 7 days:

- Read one identity verse daily
 - Speak it out loud
 - Act like it is true
-

FINAL QUESTIONS (SELF TEST)

1. What does it mean to be “in Christ”?
 2. Name 3 things God says about you.
 3. Why is identity important?
 4. What is one lie you need to reject?
 5. How can you live out your identity daily?
-

PRAYER

“Lord, help me to see myself the way You see me. Teach me to reject lies and walk confidently in my identity as Your child. Amen.”