

FIRM FOUNDATION SERIES

The **Firm Foundation Series** is a transformational discipleship and spiritual growth program developed by **God's Grace Sanctuary – Church** to help believers build a strong, Christ-centred life grounded in the Word of God. The series is carefully designed to guide learners from spiritual infancy to spiritual maturity, equipping them to live victoriously and impact the world for Christ.

The program is suitable for:

- Youth and Young Adult Ministry
- Discipleship Programs
- Home Fellowship Groups
- Church Training Classes
- Christian Mentorship Programs

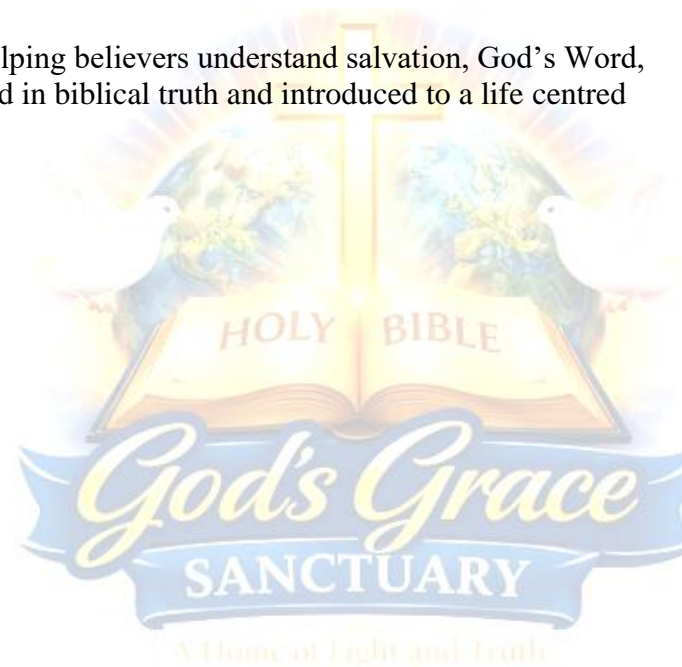
The series is divided into four progressive stages of spiritual growth:

1. ROOTED

This stage focuses on laying a strong spiritual foundation by helping believers understand salvation, God's Word, Christian identity, and the basics of faith. Learners are grounded in biblical truth and introduced to a life centred on Christ.

Lessons in Rooted include:

- Know Your Bible
- Knowing God
- Men Who Met the Messiah
- The Seven Bottles of Milk
- Saved by Grace
- Wisdom for Life
- Jesus the Centre of Life
- Prayer and Devotion
- Faith Foundations
- The Power of God's Word
- Growing Spiritually
- Walking in Obedience
- Understanding Salvation
- Living a Holy Life
- The Love of God
- Trusting God Daily
- Hearing God's Voice
- The Holy Spirit and the Believer
- Christian Character
- Standing Firm in Faith



...and many other foundational lessons that help believers become deeply rooted in Christ.

2. BUILT

This stage helps believers grow spiritually and develop a Christ-like lifestyle through obedience, worship, faith, and practical Christian living.

Topics may include:

- Christian Growth
- Worship and Fellowship
- Faith and Obedience
- Fruits of the Spirit
- Spiritual Discipline
- Relationships and Integrity
- Purpose and Calling

3. ESTABLISHED

This stage strengthens believers to become mature, steadfast, and spiritually stable disciples who can influence others positively and remain firm in their faith.

Topics may include:

- Spiritual Maturity
- Stewardship and Faithfulness
- Leadership Principles
- Discipleship
- Spiritual Warfare
- Kingdom Living
- Endurance and Perseverance

4. SENT

This stage equips believers for ministry, evangelism, leadership, mentorship, and kingdom impact in their families, churches, schools, workplaces, and communities.

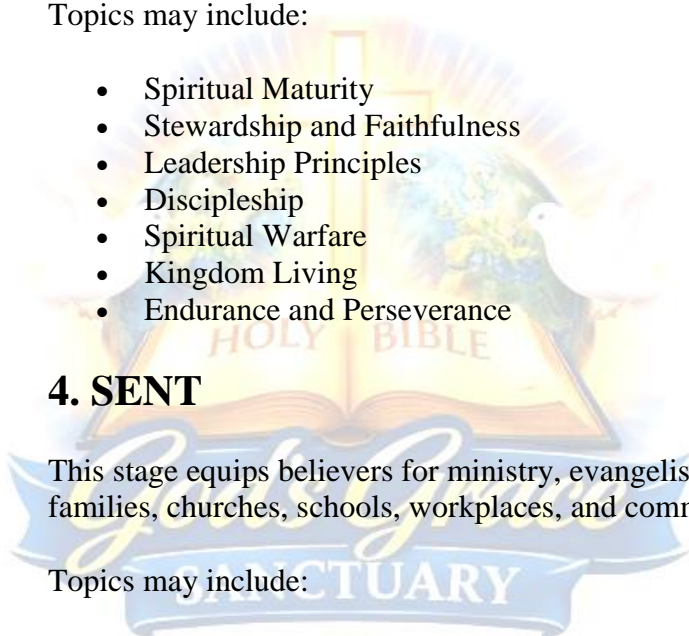
Topics may include:

- Evangelism and Soul Winning
- Ministry and Service
- Mentorship
- Mission and Outreach
- Kingdom Leadership
- Impacting Society for Christ
- Living a Legacy of Faith

Vision of the Series

To raise believers who are:

- Rooted in God's Word
- Built in faith and character
- Established in spiritual maturity
- Sent to impact the world for Jesus Christ



Key Scripture

“Rooted and built up in Him, strengthened in the faith as you were taught...” — Colossians 2:7

SAVED BY GRACE

Understanding Salvation and Living for Christ

FIRM FOUNDATION SERIES

7 Days Youth Lessons on Salvation

Salvation is the greatest gift God has given to humanity. It is the beginning of a new life in Jesus Christ and the foundation of the Christian journey. Many young people today are searching for identity, peace, purpose, and hope, yet true fulfillment can only be found through a relationship with God.

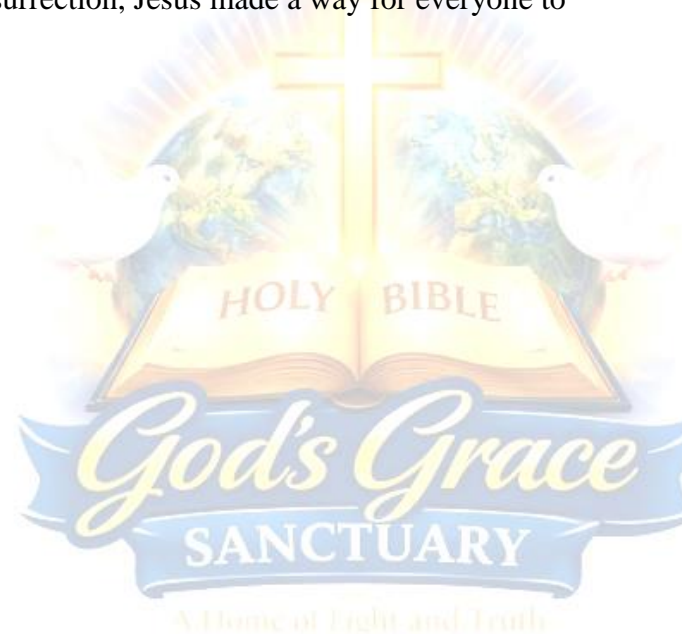
Sin entered the world and separated humanity from God, but because of His great love, God sent His Son Jesus Christ to save mankind. Through His death on the cross and resurrection, Jesus made a way for everyone to receive forgiveness, freedom, and eternal life.

This 7-day study is designed to help youth understand:

- What salvation means
- Why salvation is necessary
- How to receive salvation
- How to grow spiritually after being saved
- How to live boldly for Christ in today's world

Each lesson contains:

- Key scriptures
- Memory verses
- Points to remember
- Reflective questions



The purpose of this series is not only to give knowledge but also to encourage life transformation. Young people will be challenged to build their lives on the Firm Foundation of God's Word and become strong followers of Jesus Christ.

As you go through these lessons, may your faith grow stronger, your love for God increase, and your life become a testimony of God's saving grace.

Key Theme Scripture

1 Corinthians 3:11

“For no one can lay any foundation other than the one already laid, which is Jesus Christ.”

DAY 1: WHAT IS SALVATION?

Key Scripture /Memory Verse

Romans 10:9 – “If you declare with your mouth, ‘Jesus is Lord,’ and believe in your heart... you will be saved.”

- Salvation means being rescued from sin.
- Jesus Christ is the only Saviour.
- Salvation restores our relationship with God.
- Salvation is received by faith.

A person who is drowning in deep water is helpless and in danger. No matter how hard they struggle, they cannot save themselves without help. The deeper they sink, the weaker they become. In the same way, sin traps humanity and separates people from God. Many people try to save themselves through good works, religion, money, or human wisdom, but none of these can remove sin completely.

Sin is like deep water because:

- It pulls people away from God.
- It weakens spiritual life.
- It brings fear, guilt, and hopelessness.
- It leads to destruction if there is no rescue.

Just as a drowning person needs a strong rescuer, humanity needed a Savior. Jesus Christ came to rescue us from the power and punishment of sin. He left Heaven, died on the cross, and rose again so that we could have eternal life.

When a lifeguard rescues a drowning person, the victim must trust the rescuer completely. In the same way, salvation requires faith in Jesus Christ. We cannot save ourselves by our own strength; we must fully depend on Him.

Jesus does not only rescue us from sin, but He also gives us:

- Forgiveness
- Peace with God
- A new life
- Hope for the future
- Eternal life

Matthew 14:30-31

When Peter began sinking in the water, he cried out, “*Lord, save me!*” Immediately Jesus reached out His hand and caught him. This shows that whenever people call upon Jesus sincerely, He is ready to save and restore them.

The good news is that no one is too deep in sin for Jesus to rescue. His power is greater than every mistake, failure, addiction, or bondage. Jesus is still saving lives today.

Points to Remember

- Everyone needs salvation.
- Salvation is God’s free gift.
- Jesus died to save humanity.

Reflective Questions

1. What does salvation mean to you?

2. Why can't people save themselves from sin?
3. Have you personally accepted Jesus?

DAY 2: WHY DO WE NEED SALVATION?

Key Scripture/ Memory Verse

Romans 3:23 – *“For all have sinned and fall short of the glory of God.”*

- Sin separates people from God.
- Every person has sinned.
- Sin brings spiritual death.
- Jesus came to restore humanity.

A phone may be very expensive, modern, and full of useful features, but when it loses network connection, it cannot communicate properly. Calls fail, messages do not go through, and communication becomes impossible.

The phone may still look good outwardly, but it is disconnected from the source that allows communication.

In the same way, humanity was created to live in fellowship with God. God desires a close relationship with His people through prayer, worship, and obedience. However, sin entered the world and disconnected people from God spiritually.

How Sin Disconnects People from God

Sin creates separation between humanity and God.

Isaiah 59:2 *“Your sins have separated you from your God.”*

Because of sin:

- People lose peace with God.
- Spiritual understanding becomes weak.
- Prayer life becomes difficult.
- Guilt and fear enter the heart.
- People begin to live according to their own desires instead of God's will.

Just like a disconnected phone cannot receive messages, a sinful life becomes disconnected from God's voice and direction.

Human Efforts Cannot Fully Restore the Connection

A disconnected phone cannot reconnect itself without proper network access. Similarly, people cannot restore themselves to God through human effort alone. Good works, religion, traditions, or wealth cannot remove sin completely.

Humanity needed someone powerful enough to restore the broken connection between God and mankind.

Jesus Restores the Connection

Jesus Christ came to reconnect humanity back to God. Through His death on the cross, He removed the barrier of sin and opened the way for people to have fellowship with God again.

John 14:6 *“I am the way and the truth and the life. No one comes to the Father except through Me.”*

When a person accepts Jesus:

- Their sins are forgiven.
- Their relationship with God is restored.
- They can pray and communicate with God freely.
- The Holy Spirit begins working in their lives.
- They receive peace, purpose, and eternal life.

Staying Connected to God

Just as a phone must remain connected to the network to function well, believers must remain connected to God through:

- Prayer
- Reading the Bible
- Worship
- Obedience
- Fellowship with other believers

A strong relationship with God keeps believers spiritually healthy and growing in faith.

Jesus is the One who restores every broken spiritual connection and brings people back into friendship with God.

Points to Remember

- Sin affects everyone.
- God hates sin but loves sinners.
- Jesus is the answer to sin.

Reflective Questions

1. What are some effects of sin?
2. Why is sin dangerous?
3. How does Jesus restore us?

DAY 3: JESUS CHRIST THE SAVIOR

Key Scripture /Memory Verse

John 14:6 – *“I am the way and the truth and the life...”*

- Jesus is the only way to God.
- Jesus died and rose again.
- His blood brings forgiveness.

- Salvation is found in Christ alone.

Imagine a dangerous river that is deep, wide, and impossible to cross safely.

On one side are people who desire to reach safety, but the strong currents and deep waters prevent them from crossing. If there is only one bridge over that river, then everyone who wants to reach the other side must use that bridge. Without it, they remain trapped and separated.

This illustration helps us understand the relationship between humanity and God. Sin created a separation between people and God. Humanity could not cross over to God through human effort, religion, wealth, or good works because sin formed a barrier that people could not remove on their own.

Sin Created Separation

Isaiah 59:2 *“Your sins have separated you from your God.”*

Because of sin:

- Humanity became spiritually distant from God.
- People lost fellowship with their Creator.
- Eternal life was no longer accessible through human strength.

Just like a dangerous river blocks travellers from reaching the other side, sin blocks people from reaching God.

Jesus Is the Only Bridge

God, in His love, provided a way for humanity to return to Him through Jesus Christ. Jesus became the bridge connecting sinful humanity back to a holy God.

John 14:6 *“I am the way and the truth and the life. No one comes to the Father except through Me.”*

Jesus is the bridge because:

- He died for our sins.
- He paid the price humanity could not pay.
- He opened the way to eternal life.
- He restored fellowship between God and mankind.

Without Jesus, people remain separated from God. Through Him, anyone can come to the Father and receive salvation.

Why Only Jesus?

A broken bridge cannot safely carry people across. In the same way, human efforts cannot fully save mankind. Only Jesus is perfect and powerful enough to bring salvation.

1 Timothy 2:5 *“For there is one God and one mediator between God and mankind, the man Christ Jesus.”*

Jesus is:

- The only Saviour

- The only mediator
- The only true way to eternal life

Crossing the Bridge

Having a bridge available is not enough; people must choose to cross it. Likewise, salvation becomes personal when someone places their faith in Jesus Christ.

Crossing the bridge means:

- Believing in Jesus
- Repenting from sin
- Surrendering your life to Him
- Following His teachings

The Safety Found in Christ

Those who cross through Jesus find:

- Forgiveness
- Peace with God
- New life
- Hope
- Eternal salvation

Jesus is the secure bridge that never collapses. Anyone who trusts in Him will safely reach the Father and experience eternal life.

Points to Remember

- No one else can save except Jesus.
- Jesus conquered death.
- Faith in Christ brings eternal life.

Reflective Questions

1. Why is Jesus the only Saviour?
2. What did Jesus accomplish on the cross?
3. What does resurrection mean to believers?

DAY 4: HOW TO RECEIVE SALVATION

Key Scripture/ Memory Verse

Ephesians 2:8 – *“For it is by grace you have been saved, through faith...”*

- Salvation is by grace through faith.
- Good works cannot save anyone.
- Repentance is necessary.

- Confessing Jesus brings salvation.

A gift may be carefully prepared, wrapped beautifully, and offered with love, but it does not benefit someone until they personally receive it. A person can admire the gift, talk about it, or know it exists, yet it only becomes theirs when they accept it.

Salvation is like that gift. God has already provided salvation through Jesus Christ, but each person must personally accept it by faith.

Salvation Is God's Gift

Ephesians 2:8 *“For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God.”*

Salvation is not something people earn through:

- Good behaviour
- Religion
- Money
- Church attendance
- Human effort

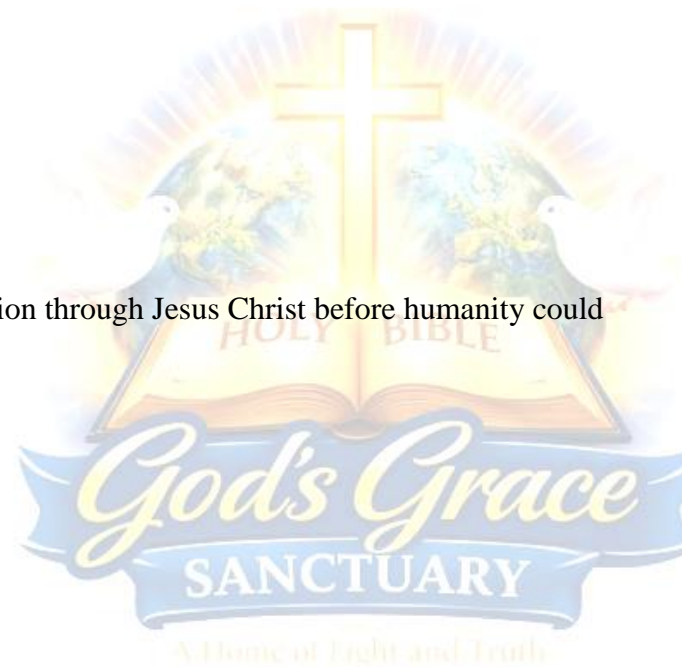
It is a free gift from God given through His love and grace.

God Already Prepared the Gift

Just as a gift is prepared before it is given, God prepared salvation through Jesus Christ before humanity could save itself.

Jesus:

- Died on the cross for sin
- Shed His blood for forgiveness
- Rose again from the dead
- Opened the way to eternal life



God freely offers this gift to everyone because He loves all people.

John 3:16 *“For God so loved the world that He gave His one and only Son...”*

A Gift Must Be Personally Received

Even if a gift is offered, someone can still reject it or ignore it. In the same way, salvation must be personally accepted.

No one is saved:

- Because their parents are Christians
- Because they attend church
- Because they are good people

Each individual must personally:

- Believe in Jesus Christ
- Repent from sin
- Confess Jesus as Lord
- Accept Him into their life

Receiving Salvation by Faith

Receiving salvation means trusting completely in Jesus and what He did on the cross.

Romans 10:9 *“If you declare with your mouth, ‘Jesus is Lord,’ and believe in your heart... you will be saved.”*

Faith is like opening your hands to receive God’s gift.

Benefits of Receiving God’s Gift

When someone accepts salvation, they receive:

- Forgiveness of sins
- Peace with God
- Eternal life
- A new identity in Christ
- The Holy Spirit

Do Not Reject the Gift

Some people delay accepting salvation, thinking they have more time. Others try to depend on themselves instead of God. But salvation is too valuable to ignore.

A gift only benefits the person who receives it. In the same way, Jesus’

sacrifice becomes effective in a person’s life when they personally accept Him as Saviour and Lord.

God has already extended the gift of salvation to humanity. The question is: Will you receive it?

Points to Remember

- Salvation cannot be bought.
- Faith is trusting Jesus fully.
- Repentance means turning away from sin.

Reflective Questions

1. What is grace?
2. Why can’t good works save us?
3. What does repentance mean?

DAY 5: THE NEW LIFE IN CHRIST

Key Scripture/ Memory Verse

2 Corinthians 5:17 – *“If anyone is in Christ, the new creation has come.”*

- Salvation changes a person’s life.
- Old sinful habits begin to fade.
- Christians should grow spiritually.
- The Holy Spirit helps believers live right.

A caterpillar and a butterfly are completely different in appearance, movement, and lifestyle, yet they are the same creature before and after transformation. The caterpillar crawls slowly on the ground, but after transformation, it becomes a butterfly that flies freely and beautifully. This change is not temporary; it is a complete transformation.

Salvation works in a similar way in the life of a believer. When a person accepts Jesus Christ, God begins transforming them from the inside out. Their old sinful life begins to change, and they become a new creation in Christ.

Salvation Brings Transformation

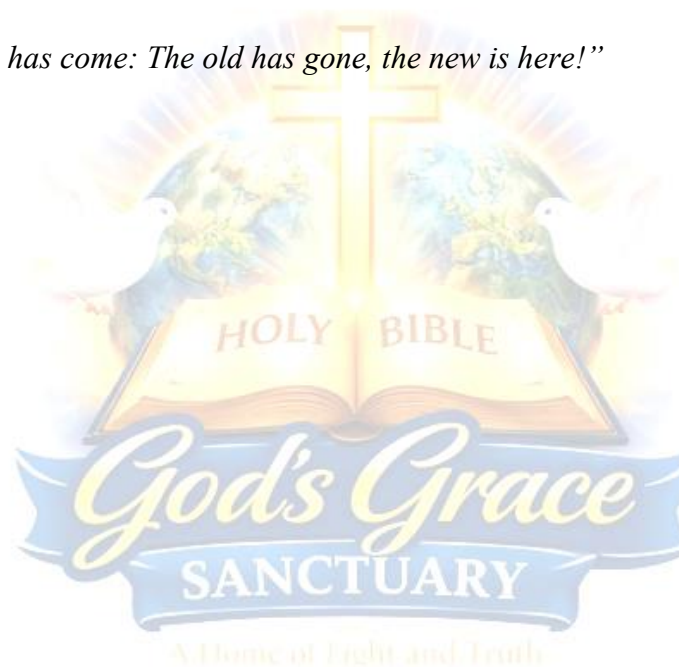
2 Corinthians 5:17 *“If anyone is in Christ, the new creation has come: The old has gone, the new is here!”*

Before salvation, people may live:

- In sin
- In fear
- In anger
- In hopelessness
- Without direction from God

But after receiving Christ, God begins changing:

- Their heart
- Their desires
- Their thoughts
- Their behaviour
- Their spiritual life



The Old Life Passes Away

A caterpillar cannot remain the same after becoming a butterfly. In the same way, a truly saved person cannot continue living comfortably in sin without conviction.

Salvation changes:

- Speech
- Attitudes
- Relationships
- Habits
- Priorities

A believer begins desiring:

- Prayer
- God's Word
- Worship
- Holiness
- Fellowship with other believers

Transformation Takes Time

The transformation from caterpillar to butterfly happens through a process. Likewise, spiritual growth is a journey. While salvation happens instantly, growth in Christ continues daily.

God patiently works in believers through:

- The Holy Spirit
- Prayer
- Bible study
- Obedience
- Life experiences

New Freedom in Christ

The butterfly flies freely in ways the caterpillar never could. Similarly, salvation brings freedom from:

- Bondage of sin
- Guilt
- Fear
- Spiritual darkness

John 8:36 *"So if the Son sets you free, you will be free indeed."*

Believers are now free to live for God and fulfil His purpose.

Others Can See the Change

A butterfly is visibly different from a caterpillar. In the same way, people should notice positive change in the life of someone who is saved.

Transformation may be seen through:

- Love for others
- Kindness
- Honesty
- Self-control
- Desire to please God

God Is Still Transforming Lives

No matter how broken or sinful someone may feel, God has the power to transform them completely. Salvation is not just about going to Heaven

; it is about becoming a new person now through Jesus Christ.

Jesus changes ordinary lives into testimonies of His grace and power.

Points to Remember

- Salvation produces change.
- God gives believers new identity.
- Spiritual growth is important.

Reflective Questions

1. What changes happen after salvation?
2. Why is spiritual growth important?
3. How does the Holy Spirit help believers?

DAY 6: LIVING A SAVED LIFE

Key Scripture/ Memory Verse

Colossians 3:17 – *“And whatever you do ... do it all in the name of the Lord Jesus.”*

- Christians should live holy lives.
- Prayer and Bible study strengthen believers.
- Believers should avoid sinful influences.
- Christians must be examples to others.

Light becomes most noticeable in darkness. Even a small light can brighten a dark room and help people find direction. Darkness cannot overcome light because light naturally pushes darkness away. In the same way, believers are called to shine for Jesus Christ in a world filled with sin, confusion, fear, and hopelessness.

Believers Are the Light of the World

Matthew 5:14-16 *“You are the light of the world... let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”*

When a person is saved, the light of Christ begins to shine in their life. This light represents:

- God’s truth
- Holiness
- Love
- Good character
- Godly influence

A believer should not hide their faith but should live in a way that points others to Jesus.

Shining at School

Young believers spend much of their time in school where they interact with many people. They are called to shine by:

- Being honest
- Respecting teachers and others
- Avoiding bad company
- Refusing cheating and immoral behaviour
- Encouraging others positively

A saved student should stand out through godly behaviour and integrity.

Shining at Home

Christianity should first be visible at home. Believers shine at home by:

- Respecting parents and guardians
- Helping with responsibilities
- Speaking kindly
- Showing love and patience
- Living peacefully with family members

A transformed life should be seen clearly by those closest to us.

Shining in Society

The world needs believers who represent Christ faithfully. Christians should influence society positively by:

- Helping others
- Showing compassion
- Promoting peace
- Standing for truth
- Avoiding corruption and evil practices

Believers are called to bring hope wherever they go.

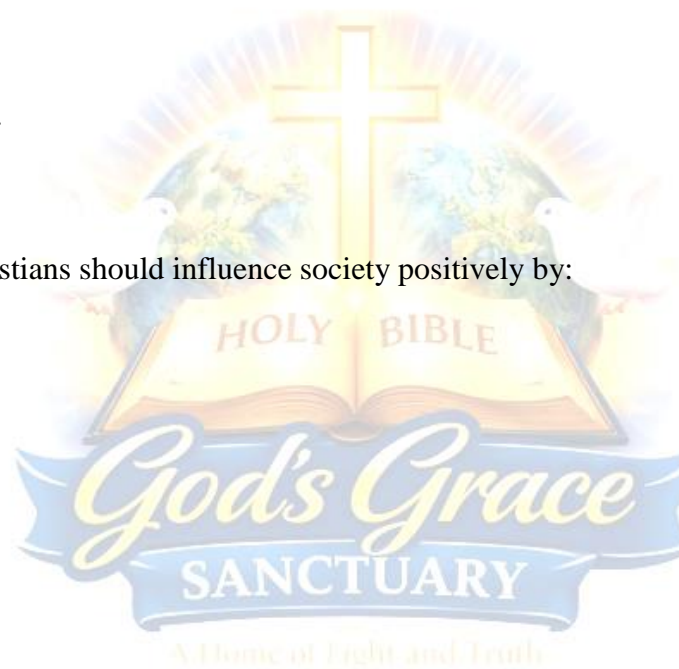
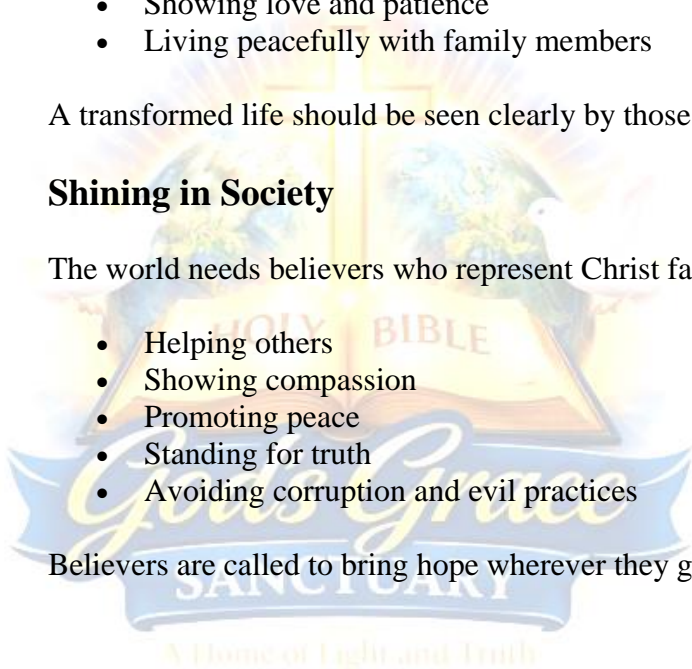
Light Must Remain Connected to the Source

A bulb cannot shine unless it is connected to electricity. Likewise, believers cannot shine spiritually without remaining connected to God through:

- Prayer
- Reading the Bible
- Worship
- Fellowship
- Obedience to God

The closer believers stay to Jesus, the brighter their light becomes.

The Purpose of Shining



The goal of shining is not to attract attention to ourselves but to glorify God and lead others to Christ.

When people see:

- Good character
- Love
- Peace
- Faithfulness
- Wisdom

They become curious about the God believers serve.

Darkness Cannot Stop God's Light

There may be pressure, temptation, or opposition from the world, but believers should continue shining boldly.

Philippians 2:15 “...*shine among them like stars in the sky.*”

God has called every saved believer to be a light in this generation. Through godly living, believers can influence friends, families, schools, and communities for Jesus Christ.

Points to Remember

- Salvation should be visible.
- God wants believers to influence others positively.
- Daily obedience matters.

Reflective Questions

1. How can youth live for Christ today?
2. What challenges face saved young people?
3. How can believers remain strong spiritually?

DAY 7: SHARING THE GOOD NEWS

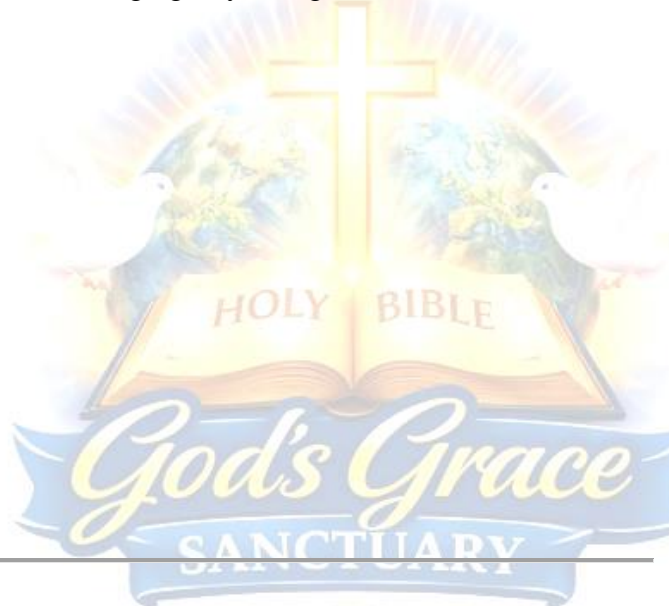
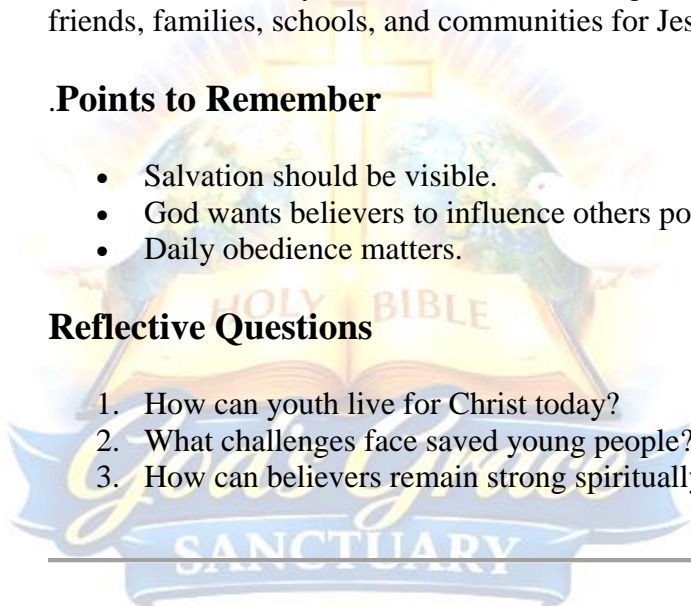
Key Scripture

Matthew 28:19-20 Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age.”

Memory Verse

Matthew 28:19 –“Go and make disciples of all nations...”

- Every believer should share the Gospel.
- Testimonies encourage others.
- Evangelism is a command from Jesus.
- Souls are precious to God.



A Home of Faith and Truth

When people discover medicine that can cure a deadly disease, they do not keep it secret. They quickly share the news because they know lives can be saved. The greater the danger of the disease, the more urgent it becomes to tell others about the cure.

Sin is like a deadly spiritual disease that affects all humanity. It destroys lives, separates people from God, and leads to eternal destruction if left untreated.

Romans 3:23 *“For all have sinned and fall short of the glory of God.”*

Every person needs healing from sin, but no human effort, wealth, education, or religion can fully cure it. God provided the only cure through Jesus Christ.

Jesus Is the Cure for Sin

Jesus came to save humanity from the power and penalty of sin. Through His death and resurrection, He made forgiveness and eternal life available to everyone who believes in Him.

John 14:6 *“I am the way and the truth and the life...”*

Jesus heals the human heart by:

- Forgiving sin
- Restoring relationship with God
- Giving peace and hope
- Breaking the power of darkness
- Giving eternal life

Only Jesus can truly save and transform lives.

Believers Should Share the Good News

If someone truly understands that Jesus saves lives, they should desire to tell others. The Gospel is not meant to be hidden.

Matthew 28:19 *“Go and make disciples of all nations...”*

Every believer has a responsibility to:

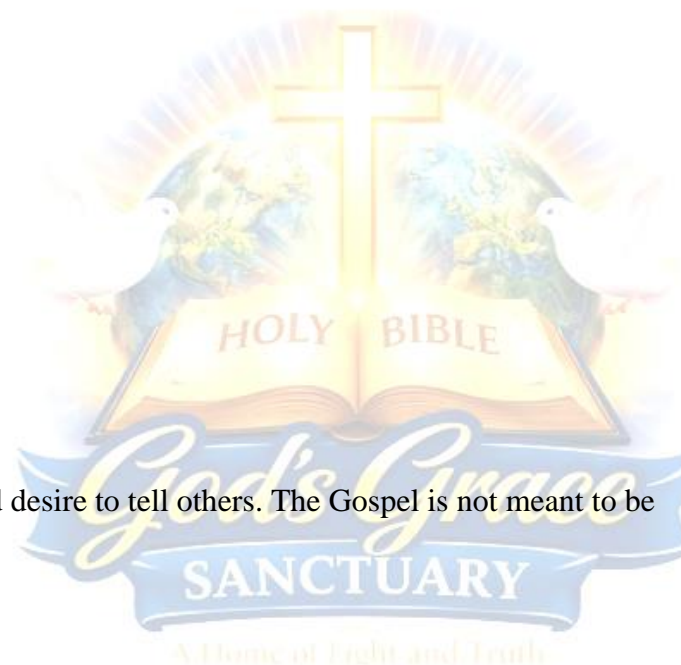
- Share the message of salvation
- Tell others about Jesus
- Pray for lost souls
- Encourage people to come to Christ

Evangelism is an act of love because believers want others to experience the same salvation and hope they have received.

Why Some People Do Not Share

Sometimes believers remain silent because of:

- Fear



- Shyness
- Rejection
- Lack of confidence

But God gives strength and courage through the Holy Spirit. Even simple conversations, testimonies, and acts of kindness can lead someone closer to Christ.

Ways Youth Can Share Jesus

Young people can spread the Gospel through:

- Inviting friends to church
- Sharing testimonies
- Posting encouraging messages
- Praying for others
- Living godly lives
- Speaking about Jesus boldly

A changed life itself becomes a powerful testimony.

The Urgency of the Gospel

A deadly disease requires urgent treatment. In the same way, people need Jesus today. Many are searching for peace, purpose, and hope, but only Christ can truly satisfy the human heart.

Believers should never be ashamed of the Gospel because it carries the power of salvation.

Romans 1:16 *“For I am not ashamed of the gospel, because it is the power of God that brings salvation...”*

Conclusion

Jesus is the cure for the sickness of sin. Whoever comes to Him receives forgiveness, healing, and eternal life. Since believers have received this life-changing gift, they should boldly share the Good News with the world so that others may also be saved.

Points to Remember

- Evangelism is for every Christian.
- Sharing Christ brings hope.
- God uses ordinary people to reach others.

Reflective Questions

1. Why should believers share the Gospel?
2. What fears stop people from evangelizing?
3. Who can you share Jesus with this week?

PRAYER

Heavenly Father, we thank You for the gift of salvation through Jesus Christ. Thank You for loving us even when we were lost in sin. We are grateful that through the death and resurrection of Jesus, we have forgiveness, hope, peace, and eternal life.

Lord, help every young person to stand firm in faith and walk in righteousness. Strengthen us to resist temptation and overcome every challenge through Your power. Fill us with the Holy Spirit and guide us to live lives that honour You daily.

Teach us to love Your Word, remain faithful in prayer, and boldly share the Gospel with others. May our lives shine as examples in our schools, homes, churches, and communities.

Father, protect our future, strengthen our purpose, and help us never to turn away from You. Let this generation rise with passion for holiness, truth, and revival.

We surrender our hearts completely to You. Use us for Your glory and establish us on the Firm Foundation of Jesus Christ.

In Jesus' mighty name, Amen.

PROPHETIC DECLARATION

- I am saved by the grace of God.
- Jesus Christ is the Lord of my life.
- I am forgiven, redeemed, and made new.
- I am a child of God and a citizen of Heaven.
- Sin shall not have dominion over my life.
- I will walk in holiness, wisdom, and obedience.
- The Holy Spirit will guide and strengthen me daily.
- I will not be ashamed of the Gospel of Jesus Christ.
- I am growing spiritually and becoming stronger in faith.
- I shall be a light in my generation.
- God will use me to impact lives and lead others to Christ.
- My future is blessed, secure, and filled with purpose.
- I am standing on the Firm Foundation of God's Word.
- No weapon formed against me shall prosper.
- I declare victory, peace, joy, and spiritual growth in Jesus' name.



MEMORY DECLARATION FOR YOUTH

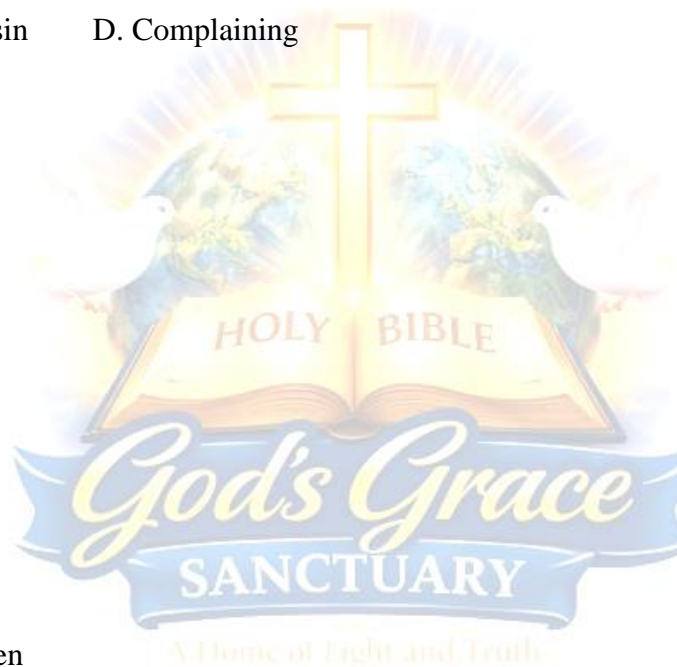
“I am chosen by God, saved by grace, strengthened by the Holy Spirit, and established on the Firm Foundation of Jesus Christ. I will live for God and shine for His glory all the days of my life. Amen.”

(EXAM 1: MULTIPLE CHOICE QUESTIONS

FIRM FOUNDATION SERIES – SAVED BY GRACE

Choose the correct answer.

1. What is salvation?
A. Wealth B. Deliverance from sin
C. Education D. Fame
2. Who is the Saviour of the world?
A. Moses B. Peter C. Jesus Christ D. Abraham
3. Romans 3:23 says:
A. Some have sinned B. Adults have sinned
C. All have sinned D. Children have sinned
4. Sin separates people from:
A. Friends B. Family C. God D. Church
5. Salvation is received through:
A. Money B. Good works C. Faith in Jesus D. Intelligence
6. Jesus died on the:
A. Mountain B. Cross C. Boat D. Temple
7. Jesus rose from the dead after:
A. One day B. Two days C. Three days D. Seven days
8. Ephesians 2:8 teaches that salvation is by:
A. Law B. Grace C. Strength D. Tradition
9. Repentance means:
A. Singing B. Sleeping C. Turning away from sin D. Complaining
10. A saved person becomes:
A. Rich instantly B. Famous
C. A new creation D. Perfect immediately
11. Jesus is the bridge between:
A. Nations B. Humanity and God
C. Churches D. Families
12. John 14:6 teaches that Jesus is:
A. One of many ways B. A prophet only
C. The only way to God D. A teacher only
13. Salvation is a:
A. Reward B. Gift from God
C. Punishment D. Competition
14. Which of these cannot save a person?
A. Faith in Christ B. Grace
C. Good works alone D. Repentance
15. What happens when someone receives salvation?
A. They become angels B. Their sins are forgiven
C. They never face problems D. They stop growing spiritually
16. The Holy Spirit helps believers to:
A. Sin freely B. Live for God
C. Avoid church D. Become proud
17. A caterpillar becoming a butterfly represents:
A. Wealth B. Education
C. Transformation through salvation D. Fame
18. Christians are called to be:
A. Judges B. Kings only C. The light of the world D. Hidden from society
19. According to Matthew 5:14, believers should:
A. Hide their faith B. Shine for Christ
C. Fear people D. Avoid others
20. Evangelism means:
A. Farming B. Sharing the Gospel
C. Singing only D. Studying history



21. Romans 10:9 teaches that salvation comes by:
 - A. Church attendance only
 - B. Confessing and believing in Jesus
 - C. Wealth
 - D. Family background
22. Sin is compared to deep water because it:
 - A. Gives life
 - B. Separates and destroys
 - C. Makes people stronger
 - D. Creates joy
23. Jesus came to:
 - A. Condemn the world only
 - B. Save sinners
 - C. Build palaces
 - D. Make people famous
24. Which of these helps believers stay spiritually connected to God?
 - A. Prayer
 - B. Gossip
 - C. Pride
 - D. Laziness
25. The Bible says believers should shine like:
 - A. Fire
 - B. Stars
 - C. Rivers
 - D. Mountains
26. Eternal life is found in:
 - A. Education
 - B. Religion alone
 - C. Jesus Christ
 - D. Human wisdom
27. Salvation restores our:
 - A. Wealth
 - B. Relationship with God
 - C. School grades
 - D. Physical strength
28. What should believers do after receiving salvation?
 - A. Keep silent
 - B. Share Jesus with others
 - C. Return to sinful living
 - D. Ignore others
29. Which scripture says believers are a new creation?
 - A. Romans 10:9
 - B. John 3:16
 - C. 2 Corinthians 5:17
 - D. Matthew 5:14
30. The foundation of the Christian life is:
 - A. Fame
 - B. Salvation in Christ
 - C. Money
 - D. Tradition

EXAM 2: SHORT ANSWER QUESTIONS

FIRM FOUNDATION SERIES – SAVED BY GRACE

1. Define salvation.
2. Why do people need salvation?
3. Mention two effects of sin.
4. Who is the only Saviour of the world?
5. What does repentance mean?
6. Quote Romans 10:9.
7. What is grace?
8. Mention three signs of a saved person.
9. What role does the Holy Spirit play in a believer's life?
10. Why did Jesus die on the cross?
11. What does John 14:6 teach about Jesus?
12. How is salvation received?
13. Why can good works alone not save a person?
14. What happens when someone becomes a new creation in Christ?

15. Mention two ways youth can shine for Christ in school.
16. Why should believers read the Bible?
17. Mention two ways believers can stay connected to God.
18. What is evangelism?
19. Why should Christians share the Gospel?
20. What does the caterpillar illustration teach about salvation?
21. What does the bridge illustration teach about Jesus?
22. What does the drowning illustration teach about sin and salvation?
23. What does the gift illustration teach about salvation?
24. Mention two benefits of salvation.
25. What is eternal life?
26. Mention two qualities of a transformed Christian life.
27. Why is prayer important for believers?
28. How can young people influence society positively for Christ?
29. What is the main theme of the “Saved by Grace” series?
30. Write a short prayer thanking Jesus for salvation.

End

Make sure you acquire another lesson for the series

